



JUNE 2018

CatchUPkids

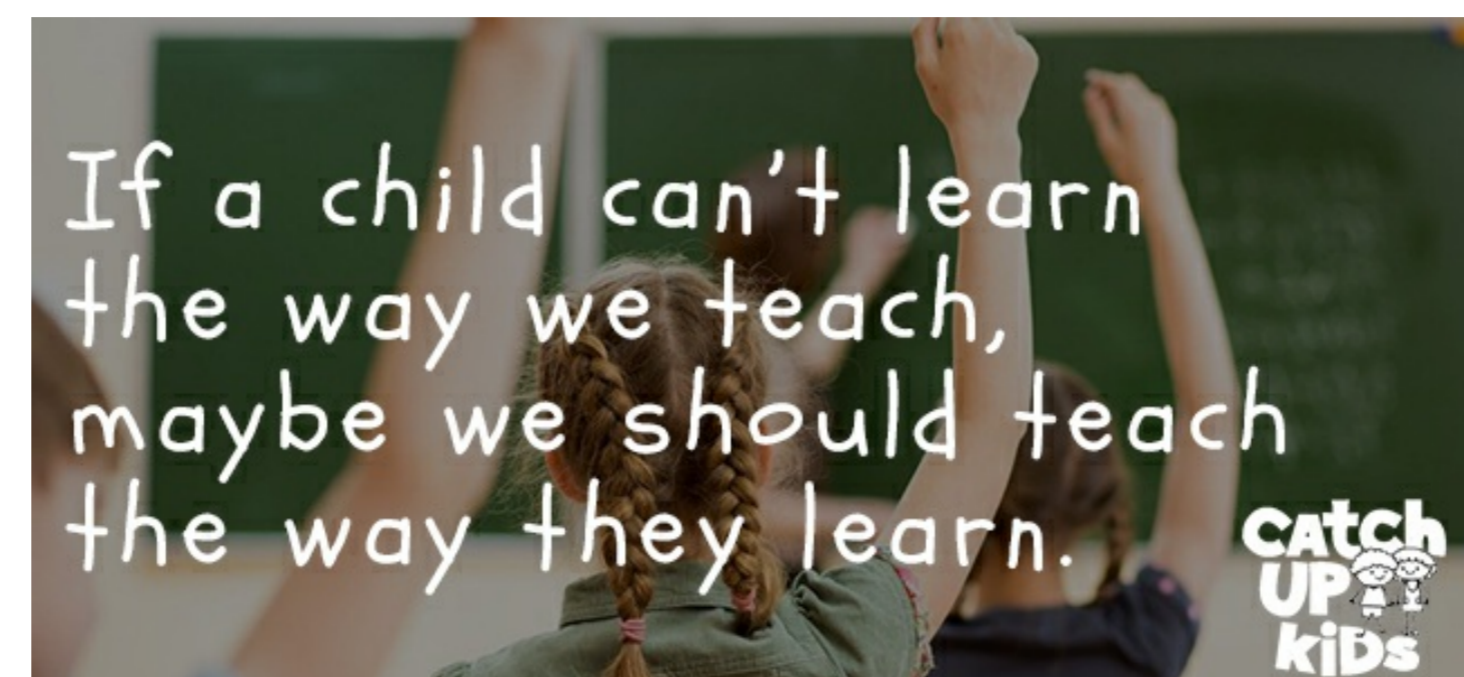
How can I support my child's learning at home?

Homework aside, there are several concepts in the government education curriculum that your child has lots of opportunities to be exposed to at home, in the car, and in the community.

Grade R places focus on the development of fine motor skills, visual perception skills, pre-numeracy and pre-literacy skills. Pinterest is your best friend for fun activity ideas to develop these skills!

In Grade 1, reading, writing and number concepts are critical. Your child should move from hands-on experiential activities into more desk-work and worksheets.

[VIEW ACTIVITIES](#)



Articles

Catch Up Kids – An alternative to Ritalin



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ADHD – 10 Steps Before Ritalin



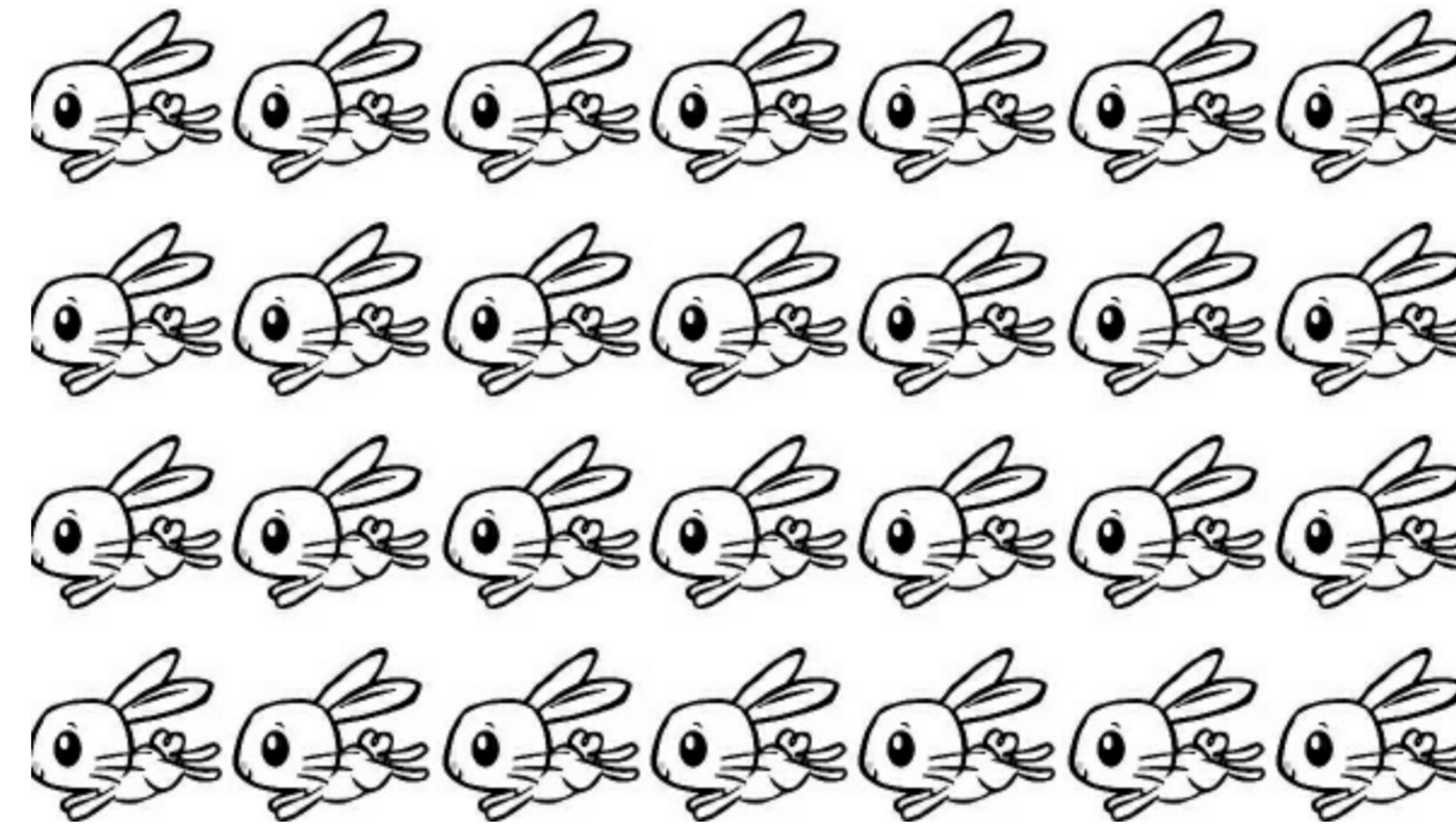
Please note that ADHD refers to Attention Deficit Disorder with or without Hyperactivity.

This article gives a broad approach to what can be done for children with ADHD before commencing Ritalin or any other related medication. Bear in mind that there is a definite place for medication in the treatment of ADHD, and it has helped many a child through a crisis. However there is a lot more that can be done to help these children before commencing the drug route. Genetic and environmental factors are some of the factors to be considered.

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Activities Corner

Brainteaser – Bunnies



Have you ever been told your child presses too hard or too softly when writing? Let your child practice shading these bunnies in with a pencil. Show him/her by shading one bunny dark, one bunny medium, one bunny light and then repeat the pattern before giving him/her a turn. This lets your child feel how hard he/she has to press in order to get the shade strength he/she is looking for and it lets your child play around with different pressure levels on the pencil.

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Catchup Kids Seal Of Approval



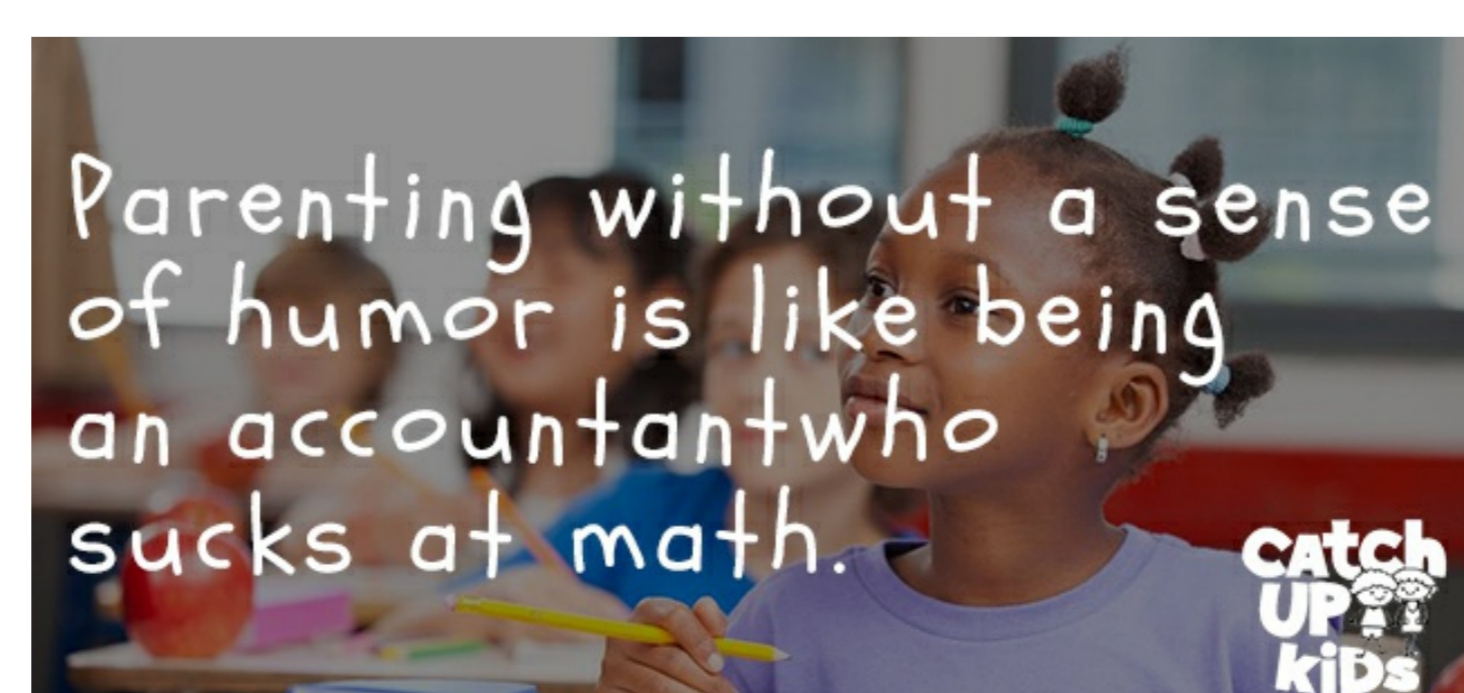
Seal of Approval
Apps, Websites and Games that we recommend

Reading Eggs App



Reading Eggs is the multi-award winning learning system that helps children learn to read. Based on scientific research and designed by literacy experts, it's proven to help children learn to read using guided reading lessons, activities and e-books.

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